



MAY 2022

Our Savior's Lutheran School

Student Meals: FREE
 Milk Only: \$0.50
 Additional Milk: \$0.50
 Adult Meal: \$4.50

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| Corn Dog (33) 2 Baked Beans (20) Carrots Fruit (15) | Hot Dog 3 On a Bun (28) Cucumbers Broccoli Fruit (15) | Chicken Strips (16) 4 Dinner Roll (14) Mashed Potatoes (14) Gravy (5) Carrots Fruit (15) | Beef Taco (23) 5 Refried Beans (10) Lettuce Tomatoes Fruit (15) | Cheese Pizza (34) 6 Corn (17) Fresh Vegetables Fruit (17) |
| Chicken Patty 9 On a Bun (44) Baked Beans (30) Carrots Fruit (15) | Pancakes (28) 10 Yogurt (20) Sunflower Seeds (11) Broccoli Cauliflower Fruit (15) | Deli Sandwich (29) 11 Fresh Vegetables Fruit (15) | Chicken Nuggets (15) 12 Dinner Roll (14) Mashed Potatoes (14) Gravy (5) Carrots Fruit (15) | No Hot Lunch 13 All School Track Meet In Perham |
| Hamburger (29) 16 Baked Beans (30) Carrots Fruit (15) | Chicken Wrap (23) 17 Brown Rice (11) Red & Green Peppers Cucumbers Fruit (15) | Italian Dunkers (28) 18 Marinara Sauce (5) Broccoli Celery Fruit (15) | BBQ Pulled Pork 19 On a Bun (44) Potato Fries (20) Carrots Fruit (15) | Mini Corn Dogs (30) 20 Corn (17) Fresh Vegetables Fruit (15) |
| No Hot Lunch 23 Community Cleanup Day with PTL Picnic Lunch | Cook's Choice 24 Vegetables Fruit | Cook's Choice 25 Vegetables Fruit | No Hot Lunch 26 Last Day of School Picnic Day at the Park | 27 NO SCHOOL Summer Break |
| 30 NO SCHOOL Memorial Day | 31 NO SCHOOL Summer Break | <div style="border: 1px solid black; padding: 5px; display: inline-block;"> <u>Milk Options</u> Plain Skim (13) Plain 1% (13) Chocolate Skim (20) Lactose-Free (upon request) </div> | | |

All grain options are whole grain rich (<51% WG).
 All menus are subject to change, without notice, due to availability and delivery challenges.

Carbohydrate counts are listed in the parentheses (). If you need a special diet for medical reasons, please contact the food service department.

Food Service Director:
 Anna Ogaard-Brekken
 annaogaard@isd593.org
 This institution is an equal opportunity provider.