

Our Savior's Lutheran School

October 2022

October 3	October 4	October 5	October 6	October 7
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Patty (16) on a Bun (28) Baked Beans (23) Carrots Fruit (15)	Beef Taco (22) with Cheese & Fixings Refried Beans (10) Lettuce & Tomatoes Fruit (15)	NO SCHOOL Lutheran Educator's Conference	NO SCHOOL Lutheran Educator's Conference	NO SCHOOL Lutheran Educator's Conference

October 10	October 11	October 12	October 13	October 14
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quesadilla Pizza (39) Cucumbers Romaine Salad Fruit (15)	Hot Dog (1) on a Bun (28) Baked Beans (23) Carrots Fruit (15)	Meatballs (4) Bread Slice (14) Mashed Potatoes (16) Gravy (4) Carrots & Fruit (15)	Mac & Cheese (32) Breadstick (15) Broccoli Celery Fruit (15)	Pancakes (25) Yogurt (15) Hashbrown (15) Fresh Vegetables Fruit (15)

October 17	October 18	October 19	October 20	October 21
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mini Corn Dogs (30) Baked Beans (23) Carrots Fruit (15)	Chicken Strips (16) Dinner Roll (14) Mashed Potatoes (16) Gravy (4) Veggies & Fruit (15)	NO HOT LUNCH Please bring cold lunch from home A la carte milks are available for purchase.	NO SCHOOL MEA	NO SCHOOL

October 24	October 25	October 26	October 27	October 28
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hamburger (2) on a Bun (28) Baked Beans (23) Carrots Fruit (15)	Chicken Fajita (22) with Cheese Mexican Rice (19) Tomatoes & Peppers Fruit (15)	Cheese Pizza (35) Cucumbers Romaine Salad Fruit (15)	Corn Dog (30) Potato Smiles (20) Broccoli Fruit (15)	French Toast Sticks (51) Cheese Omelet <i>Locally Grown Squash (15)</i> Fresh Vegetables Fruit (15)

October 31
MONDAY
NO HOT LUNCH Please bring cold lunch from home A la carte milks are available for purchase.



Payments
Please pre-pay for school meals and milks. All lunch payments must be made online at family.titank12.com. OSLS will not be accepting cash or check payments on student accounts.

Prices
Free/Reduced: FREE
Student Price: \$2.80
Adult Price: \$4.95
Extra Milk: \$0.50
Lactose Free Milk: \$1.00

Daily Milk Choices
Plain Skim (13)
Plain 1% (13)
Chocolate Skim (20)
Lactose Free (upon request)

CHO Counts
Numbers listed in the parentheses (#) are the CHO count for that item in full

All menus are subject to change, without notice, due to supply chain, availability and delivery challenges.

Questions? Contact:
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This institution is an equal opportunity provider.