

# Our Savior's Lutheran School

## November 2020

November 2	November 3	November 4	November 5	November 6
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Patty (44) Goldfish Crackers 1/4 c. Fresh Vegetables 1/2 c. Fruit	Grilled Cheese (30) Sunflower Seeds 1/4 c. Fresh Vegetables 1/2 c. Fruit	Corn Dog 1/2 c. Baked Beans (30) 1/4 c. Fresh Vegetables 1/2 c. Fruit	Pancakes (28) Cheese Omelet 1/4 c. Fresh Vegetables 1/2 c. Fruit	Pepperoni Pizza (35) 1/2 c. Corn (17) 1/4 c. Fresh Vegetables 1/2 c. Fruit

November 9	November 10	November 11	November 12	November 13
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese Pizza (34) 1/2 c. Corn (17) 1/4 c. Fresh Vegetables 1/2 c. Fruit	Chicken Wrap (16) 1/2 c. Brown Rice (22) 1/4 c. Fresh Vegetables 1/2 c. Lettuce 1/2 c. Fruit	<b>Early Dismissal</b> Grilled Chicken Sandwich (27) 1/4 c. Fresh Vegetables 1/2 c. Fruit	Chicken Nuggets (15) Dinner Roll (14) 1/2 c. Mashed Potatoes (14) 1/4 c. Fresh Vegetables 1/2 c. Fruit	Mini Corn Dogs (30) 1/2 c. Baked Beans (30) 1/4 c. Fresh Vegetables 1/2 c. Fruit

November 16	November 17	November 18	November 19	November 20
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hamburger (29) 1/2 c. Baked Beans (30) 1/4 c. Fresh Vegetables 1/2 c. Fruit	Beef Nachos (22) 1/4 c. Mexican Rice (11) 1 c. Lettuce 1/4 c. Fresh Vegetables 1/2 c. Fruit	Chicken Strips (16) Dinner Roll (14) 1/2 c. Potato Smiles (20) 1/4 c. Fresh Vegetables 1/2 c. Fruit	French Toast Sticks (43) Yogurt (20) Cheese Stick 1/4 c. Fresh Vegetables 1/2 c. Fruit	Hot Dog (28) 1/2 c. Corn (17) 1/4 c. Fresh Vegetables 1/2 c. Fruit

November 23	November 24	November 25	November 26	November 27
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Patty (44) Goldfish Crackers 1/4 c. Fresh Vegetables 1/2 c. Fruit	Cheeseburger (30) 1/4 c. Fresh Vegetables 1/2 c. Tater Tots 1/2 c. Fruit	Corn Dog 1/2 c. Baked Beans (30) 1/4 c. Fresh Vegetables 1/2 c. Fruit	NO SCHOOL Thanksgiving Break	NO SCHOOL Thanksgiving Break

November 30
MONDAY
Pepperoni Pizza (35) 1/2 c. Corn (17) 1/4 c. Fresh Vegetables 1/2 c. Fruit



Free Meals Information	DAILY MILK CHOICES	Carbohydrate Counts	
From September through December (or when funds have been exhausted), all meals served to students will be free regardless of income levels. Please note there is a \$0.50 charge for students choosing only milk.	Plain Skim (13) Plain 1% (13) Chocolate Skim (20) Lactose Free (13)	Numbers listed in the parentheses (#) is the CHO count for that item in full	All menus are subject to change, without notice, due to availability and delivery challenges.

This institution is an equal opportunity provider.