

November 2018 - Elementary School Lunch Menu



November 1	November 2
THURSDAY	FRIDAY
Cheese Omelet (1) Two Pancakes (28) Carrots (6) Celery (6) Fruit (15)	Hot Dog (1) on a Bun (27) Baked Beans (30) Fresh Vegetables (4) Fruit (15)

November 5	November 6	November 7	November 8	November 9
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese Quesadilla Pizza (40) Corn (17) Fresh Vegetables (4) Fruit (15)	Grilled Cheese (29) Tomato Soup (17) Carrots (6) Celery (6) Fruit (15)	Meatballs (4) & Gravy Bread Slice (13) Mashed Potatoes (17) Broccoli (4) Fruit (15)	Pasta (27) Meat Sauce (6) Bread Stick (17) Cucumbers (2) & Carrots (6) Fruit (15)	Corn Dog (33) Baked Beans (30) Fresh Vegetables (4) Fruit (15)

November 12	November 13	November 14	November 15	November 16
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese Pizza (34) Corn (17) Broccoli (4) Fruit (15)	Beef Taco (23) With Cheese & Fixings Refried Beans (9) Carrots & Tomatoes (6) Fruit (15)	Deli Sandwich (29) Chips (19) Baked Beans (30) Vegetables (4) & Fruit (15)	Chicken Strips (16) Dinner Roll (14) Mashed Potatoes (17) / Gravy Green Beans (8) Fruit (15)	Hamburger on a Bun (29) Potato Fries (23) Carrots (6) Fruit (15)

November 19	November 20	November 21	November 22	November 23
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mini Corn Dogs (30) Cucumbers (2) Baked Beans (30) Fruit (15)	Grilled Chicken Nuggets (2) Thanksgiving Turkey Soft Pretzel (30) Carrots (6) & Broccoli (4) Fruit (15)	Hot Turkey Gravy (6) Bread Slice (13) Mashed Potatoes (17) Carrots (6) Fruit (15)	NO SCHOOL Thanksgiving	NO SCHOOL

November 26	November 27	November 28	November 29	November 30
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pepperoni Pizza (35) Corn (17) Carrots (6) Fruit (15)	Beef Nachos (22) Black Bean & Corn Salsa Lettuce Salad Fresh Vegetables (4) Fruit (15)	Chicken Nuggets (15) Dinner Roll (14) Mashed Potatoes (17) / Gravy Carrots (6) Fruit (15)	French Toast Sticks (43) Yogurt (20) Broccoli (4) Cucumbers (2) Fruit (15)	Cheeseburger on a Bun (30) Baked Beans (30) Fresh Vegetables (4) Fruit (15)

Entrée Alternative
2nd - 6th grade
 WOWButter Sandwich (27)
 with String Cheese (1)

5th & 6th grade
 Salad topped with meat &
 cheese (3)
 Bread Slice (13)
 Crackers (14)

Prices
 Student Price: \$2.60
 Adult Price: \$3.80
 Extra Milk: \$0.50

Daily Milk Choices
 Plain Skim (13)
 Plain 1% (13)
 Chocolate Skim (20)
 Lactose Free (upon request)

Carbohydrate Counts
 Numbers listed in the
 parentheses (#) are the CHO
 count for that item in full

All menus are subject to
 change, without notice,
 due to availability and
 delivery challenges.

Questions?
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