

Monday

Tuesday

Wednesday

Thursday

Friday

Milk Options
 Plain Skim (13)
 Plain 1% (13)
 Chocolate Skim (20)
 Lactose-Free (upon request)

Sloppy Joe (36) **1**
 Baked Beans (30)
 Fresh Vegetables
 Fruit (15)

Chicken Nugget (15) **4**
 Brown Rice (22)
 Dinner Roll (14)
 Carrots
 Broccoli
 Fruit (15)

Meatballs (4) & Gravy (5) **5**
 Bread Slice (13)
 Mashed Potatoes (14)
 Carrots
 Fruit (15)

Grilled Cheese (30) **6**
 Tomato Soup (17)
 Spiced Pinto Beans (24)
 Celery
 Fruit (15)

Pasta (18) **7**
 Meat Sauce (9)
 Breadstick (17)
 Cucumbers
 Cauliflower
 Fruit (15)

Cheese Quesadilla **8**
 Pizza (42)
 Corn (17)
 Fresh Vegetables
 Fruit (15)

Hamburger **11**
 On a Bun (29)
 Baked Beans (30)
 Carrots
 Fruit (15)

Chicken Fajita (23) **12**
 Mexican Rice (11)
 Red & Green Peppers
 Cucumbers
 Fruit (15)

Deli Sandwich (29) **13**
 Carrots
 Cauliflower
 Fruit (15)

Lasagna Roll-up (22) **14**
 Breadstick (17)
 Broccoli
 Celery
 Fruit (15)

Cheese Pizza (34) **15**
 Corn (17)
 Fresh Vegetables
 Fruit (17)

Chicken Patty **18**
 On a Bun (44)
 Baked Beans (30)
 Carrots
 Fruit (15)

Corn Dog (33) **19**
 Potato Smiles (20)
 Fresh Vegetables
 Fruit (15)

NO SCHOOL **20**

NO SCHOOL **21**
 MEA

NO SCHOOL **22**

Grilled Chicken **25**
 On a Bun (28)
 Baked Beans (30)
 Carrots
 Fruit (15)

Beef Taco (23) **26**
 Refried Beans (10)
 Lettuce
 Tomatoes
 Fruit (15)

Mac & Cheese (32) **27**
 Breadstick (17)
 Broccoli
 Cucumbers
 Fruit (15)

Chicken Nuggets (15) **28**
 Dinner Roll (14)
 Mashed Potatoes (14)
 Gravy (4)
 Carrots
 Fruit (15)

Pancakes (28) **29**
 Yogurt (20)
 Sunflower Seeds (11)
 Sweet Potato Fries (17)
 Fresh Vegetables
 Fruit (15)

All grain options are whole grain rich (<51% WG).
 All menus are subject to change, without notice, due to availability and delivery challenges.

Carbohydrate counts are listed in the parentheses (). If you need a special diet for medical reasons, please contact the food service department.

Food Service Director:
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 This institution is an equal opportunity provider.

