

# Our Savior's Lutheran School

September 2022

September 5	September 6	September 7	September 8	September 9
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
NO SCHOOL Labor Day	Chicken Patty (16) on a Bun (28) Baked Beans (23) Carrots Fruit (15)	Pepperoni Pizza (36) Broccoli Carrots Fruit (15)	Chicken Nuggets (16) Dinner Roll (14) Mashed Potatoes (16) Gravy (4) Celery & Fruit (15)	Italian Dunkers (32) Marinara Sauce (5) Corn (17) Fresh Vegetables Fruit (15)
September 12	September 13	September 14	September 15	September 16
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Quesadilla Pizza (39) Cucumbers Romaine Salad Fruit (15)	Hot Dog (1) on a Bun (28) Baked Beans (23) Carrots Fruit (15)	Meatballs (4) Bread Slice (14) Mashed Potatoes (16) Gravy (4) Carrots & Fruit (15)	Mr. Rib (4) on a Bun (28) Broccoli Celery Fruit (15)	Pancakes (25) Yogurt (15) Hashbrown (15) Fresh Vegetables Fruit (15)
September 19	September 20	September 21	September 22	September 23
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Corn Dog (30) Baked Beans (23) Carrots Fruit (15)	Beef Nachos (18) with Cheese & Fixings Mexican Rice (19) Tomatoes & Lettuce Fruit (15)	Chicken Strips (16) Dinner Roll (14) Mashed Potatoes (16) Gravy (4) Carrots & Fruit (15)	Lasagna Roll-Up (22) Breadstick (15) Broccoli Cauliflower Fruit (15)	Grilled Cheese (30) Tomato Soup (17) Corn (17) Fresh Vegetables Fruit (15)
September 26	September 27	September 28	September 29	September 30
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Hamburger (2) on a Bun (28) Baked Beans (23) Carrots Fruit (15)	Chicken Fajita (22) with Cheese Mexican Rice (19) Tomatoes & Peppers Fruit (15)	Cheese Pizza (35) Cucumbers Romaine Salad Fruit (15)	Mini Corn Dogs (30) Potato Smiles (20) Broccoli Fruit (15)	French Toast Sticks (51) Cheese Omelet Sweet Potatoes (15) Fresh Vegetables Fruit (15)

<p><b>Payments</b></p> <p>Please pre-pay for school meals and miks.</p> <p>All lunch payments must be made online at <a href="http://family.titank12.com">family.titank12.com</a></p> <p>OSLS will not be accepting cash or check payments on student accounts.</p>
<p><b>Prices</b></p> <p>Free/Reduced: FREE</p> <p>Student Price: \$2.80</p> <p>Adult Price: \$4.95</p> <p>Extra Milk: \$0.50</p> <p>Lactose Free Milk: \$1.00</p>
<p><b>Daily Milk Choices</b></p> <p>Plain Skim (13)</p> <p>Plain 1% (13)</p> <p>Chocolate Skim (20)</p> <p>Lactose Free (upon request)</p>
<p><b>CHO Counts</b></p> <p>Numbers listed in the parentheses (#) are the CHO count for that item in full</p> <p>All menus are subject to change, without notice, due to supply chain, availability and delivery challenges.</p>
<p><b>Questions? Contact:</b></p> <p>Anna Ogaard-Brekken 218-281-5313x7 <a href="mailto:annaogaard@isd593.org">annaogaard@isd593.org</a></p>
<p>This institution is an equal opportunity provider.</p>

**Titan Family Portal**

Last year, our school switched from tradition meal payments in the school to online payments at the Titan Family Portal. If you have not already created an account for your student(s), please do so at [family.titank12.com](http://family.titank12.com). ALL meal payments will be made through the family portal. We will no longer accept cash and checks at the school. You can also access accounts of all students in one location, even if they attend the public school district. Please take the time to create an account. Questions about the portal can be directed to Anna Ogaard-Brekken at [annaogaard@isd593.org](mailto:annaogaard@isd593.org)