

Our Savior's Lutheran School

January 2023

Updated 12/5/22

January 2	January 3	January 4	January 5	January 6
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL Winter Break	Chicken Patty (16) on a Bun (28) Baked Beans (23) Carrots Fruit (15)	Pepperoni Pizza (36) Broccoli Carrots Fruit (15)	Chicken Nuggets (16) Dinner Roll (14) Mashed Potatoes (16) Gravy (4) Celery & Fruit (15)	Italian Dunkers (32) Marinara Sauce (5) Corn (17) Fresh Vegetables Fruit (15)
January 9	January 10	January 11	January 12	January 13
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quesadilla Pizza (39) Cucumbers Romaine Salad Fruit (15)	Hot Dog (1) on a Bun (28) Baked Beans (23) Carrots Fruit (15)	Meatballs (4) Bread Slice (14) Mashed Potatoes (16) Gravy (4) Carrots & Fruit (15)	<i>Sloppy Joe on a bun</i> Broccoli Celery Fruit (15)	Pancakes (25) Yogurt (15) Hashbrown (15) Fresh Vegetables Fruit (15)
January 16	January 17	January 18	January 19	January 20
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL MLK Day	Mini Corn Dogs (30) Baked Beans (23) Carrots Fruit (15)	Chicken Strips (16) Dinner Roll (14) Mashed Potatoes (16) Gravy (4) Carrots & Fruit (15)	Pasta (38) Meat Sauce (9) Breadstick (15) Broccoli & Cauliflower Fruit (15)	Grilled Cheese (30) Tomato Soup (17) Corn (17) Fresh Vegetables Fruit (15)
January 23	January 24	January 25	January 26	January 27
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hamburger (2) on a Bun (28) Baked Beans (23) Carrots Fruit (15)	Deli Sandwich (30) Crackers (15-20) Peppers Carrots Fruit (15)	<i>Mystery Meal</i>	Corn Dog (30) Potato Smiles (20) Broccoli Fruit (15)	French Toast Sticks (51) Cheese Omelet Sweet Potatoes (15) Fresh Vegetables Fruit (15)
January 30	January 31			
MONDAY	TUESDAY			
Chicken Patty (16) on a Bun (28) Baked Beans (23) Carrots Fruit (15)	Beef Taco (22) with Cheese & Fixings Refried Beans (10) Lettuce & Tomatoes Fruit (15)			



<p>Payments</p> <p>All lunch payments must be made online at family.titank12.com</p> <p>OSLS will not be accepting cash or check payments on student accounts.</p>
<p>Prices</p> <p>Free/Reduced: FREE Student Price: \$2.80 Adult Price: \$4.95 Extra Milk: \$0.50 Lactose Free Milk: \$1.00</p>
<p>Daily Milk Choices</p> <p>Plain Skim (13) Plain 1% (13) Chocolate Skim (20) Lactose Free (upon request)</p>
<p>CHO Counts</p> <p>Numbers listed in the parentheses (#) are the CHO count for that item in full</p> <p>All menus are subject to change, without notice, due to supply chain, availability and delivery challenges.</p>
<p>Questions? Contact:</p> <p>Anna Ogaard-Brekken 218-281-5313x7 annaogaard@isd593.org</p> <p>This institution is an equal opportunity provider.</p>