

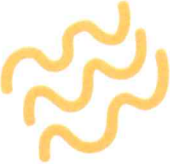




# April 2024 Menu

Our Saviors Lutheran School



Monday	Tuesday	Wednesday	Thursday	Friday
1 	2 Corn Dog Cauliflower + Fresh Veggies Fruit (15)	3 Pepperoni Pizza (32) Broccoli Cauliflower Fruit (15)	4 Cheeseburger Baked Beans Vegetables Fruit (15)	5 <b>Brunch for Lunch!</b> French Toast Sticks (60) Breakfast Syrup (29) Cheese Omelet Carrots Fresh Vegetables & Fruit (15)
8 Quesadilla Pizza (39) Celery Carrots Fruit (8) (15)	9 Chicken Mac & Cheese (32) Breadstick (17) Romaine Lettuce Cauliflower & Fruit (15)	10 Hot Dog (28) Baked Beans (23) Carrots Fruit (15)	11 Mr. Rib (35) Potato Smiles (20) Broccoli Fruit (15)	12 Grilled Cheese (30) Tomato Soup (17) Cauliflower Fresh Vegetables & Fruit (15)
15 Chicken Nuggets (15) Dinner Roll (14) Corn (17) Carrots & Fruit (15)	16 Chicken Fajita (22) with Cheese and Fixings Refried Beans (10) Cauliflower & Fruit (15)	17 Deli Sandwich (26) Broccoli & Carrots Fruit (15)	18 Cheeseburger on a Bun (28) Broccoli Cucumbers Fruit (15)	19 Pancakes (20) Eggs Yogurt Cup (15) Fresh Vegetables & Fruit (15)
22 Chicken Burger (32) Broccoli Carrots & Fruit (15)	23 Beef Taco with Cheese and Fixings (22) Refried Beans (10) Carrots & Fruit (15)	24 Hot Ham and Cheese Sandwich (26) Broccoli & Carrots Fruit (15)	25 Meatballs (4) and Gravy (4) Two Bread Slices (26) Mashed Potatoes (14) Carrots & Fruit (15)	26 Italian Dunkers (32) Marinara Sauce (5) Fresh Vegetables & Fruit (15)
29 Chicken Strips (22) Dinner Roll (14) Corn (17) Carrots & Fruit (15)	30 Cheeseburger on a Bun (28) Baked Beans (23) Cucumbers Fruit (15)			

### Payments

School breakfast and lunch will be free this year! If you want to purchase snack milk, or a milk for a cold lunch, your student's account will be charged. All lunch payments will be done online at [linqconnect.com](http://linqconnect.com). No cash payments will be accepted.

### Prices

Students: FREE  
Adult Price: \$4.95  
Extra Milk: \$0.50  
Lactose Free Milk: \$1.00

### Daily Milk Choices

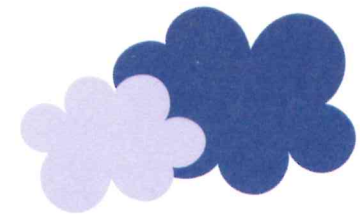
Plain Skim (13)  
Plain 1% (13)  
Chocolate Skim (20)  
Lactose Free (upon request)

### Carbohydrate Count

Numbers listed in parentheses ( ) are the carbohydrate for that item in full.

### Questions?

Contact Emily Scheresky at [emilyscheresky@isd593.org](mailto:emilyscheresky@isd593.org) or 218-281-5313 ext. 7



This Institution is an Equal Opportunity Provider

All Menus are subject to change without notice due to supply chain, availability, and delivery changes.