



February 2024 Menu



Our Saviors Lutheran School

Monday Tuesday Wednesday Thursday Friday

29	30 	31	1 Corn Dog (30) Cauliflower & Fresh Vegetables Fruit (15)	2 Brunch for Lunch! French Toast Sticks (60) Breakfast Syrup (29) Cheese Omelet Carrots Fresh Vegetables & Fruit (15)
5 Quesadilla Pizza (39) Carrots & Corn (17) Fruit (15)	6 Beef Nachos (20) Mexican Rice (19) Celery Romaine Lettuce & Fruit (15)	7 Hot Dog (28) Baked Beans (23) Cauliflower Fruit (15)	8 Mr. Rib (35) Potato Smiles (20) Broccoli Fruit (15)	9 Grilled Cheese (30) Tomato Soup (17) Carrots & Fresh Vegetables Fruit (15)
12 Chicken Nuggets (15) Dinner Roll (14) Corn (17) Carrots & Fruit (15)	13 Mac & Cheese (32) Breadstick (17) Baked Beans (30) Cauliflower & Fruit (15)	14 Deli Sandwich (26) Broccoli & Carrots Fruit (15)	No School	
19 No School	20 Pepperoni Pizza Broccoli Cauliflower Fruit	21 Beef Taco with cheese + fixings Refried Beans Celery + Fruit	22 Chili (32) with Cheese Dinner Roll (14) Goldfish Crackers (14) Broccoli, Celery & Fruit (15)	23 Italian Dunkers (32) Marinara Sauce (5) Cucumbers & Fresh Vegetables Fruit (15)
26 Chicken Strips (22) Dinner Roll (14) Corn (17) Carrots & Fruit (15)	27 Cheeseburger on a Bun (28) Baked Beans (23) Cucumbers Fruit (15)	28 Pasta (38) & Meat Sauce (9) Breadstick (17) Broccoli & Carrots Fruit (15)	29 Corn Dog (30) Cauliflower & Fresh Vegetables Fruit (15)	1 

Entrée Alternative

- Uncrustable Sandwich (33)
- String Cheese (1)
- Goldfish Crackers (14)

Payments

School breakfast and lunch will be free this year! If you want to purchase snack milk, or a milk for a cold lunch, your student's account will be charged. All lunch payments will be done online at linqconnect.com. No cash payments will be accepted.

Prices

- Students: FREE
- Adult Price: \$4.95
- Extra Milk: \$0.50
- Lactose Free Milk: \$1.00

Daily Milk Choices

- Plain Skim (11)
- Plain 1% (11)
- Chocolate Skim (20)
- Lactose Free (upon request)

Carbohydrate Count

Numbers listed in parentheses () are the carbohydrate for that item in full.

Questions?

Contact Emily Scheresky at emilyscheresky@isd593.org or 218-281-5313 ext. 7



This Institution is an Equal Opportunity Provider

All Menus are subject to change without notice due to supply chain, availability, and delivery changes.

