

January 2025 Menu

Our Saviors Lutheran School

Monday Tuesday Wednesday Thursday Friday

 Happy New Year!					2	3
			Chicken Strips (22) Dinner Roll (14) Potato Smiles (20) Carrots & Fruit (15)		Cheese Pizza (32) Fresh Vegetables Fruit (15)	
6	7	8	9	10		
Chicken Burger (32) Celery Carrots & Fruit (15)	Beef Taco with Cheese and Fixings (34) Refried Beans (10) Broccoli & Fruit (15)	Pepperoni Pizza (36) Corn (17) Cucumbers Fruit (15)	Corn Dog (30) Baked Beans (23) Carrots Fruit (15)	French Toast Sticks (60) Breakfast Syrup (28) Cheese Omelette Fresh Vegetables & Fruit (15)		
13	14	15	16	17		
Chicken Nuggets (15) Dinner Roll (14) Potato Smiles (24) Carrots & Fruit (15)	Hot Dog (28) Baked Beans (23) Broccoli Fruit (15)	Deli Sandwich (26) Sunchips (19) Celery & Red Peppers Fruit (15)	Cheese Pizza (32) Fresh Vegetables Fruit (15)	Italian Dunkers (30) Marinara Sauce (5) Fresh Vegetables Fruit (15)		
20	21	22	23	24		
No School	Chicken Strips (22) Dinner Roll (14) Potato Smiles (20) Carrots & Fruit (15)	Chicken Alfredo (60) Breadstick (17) Carrots & Cucumbers Fruit (15)	Mini Corndogs (30) Baked Beans (23) Broccoli Fruit (15)	Pancakes (20) Breakfast Sausage Patty Yogurt (15) Fresh Vegetables & Fruit (15)		
27	28	29	30	31		
Hot Dog (28) Baked Beans (23) Broccoli Fruit (15)	Chicken Mac & Cheese (32) Breadstick (17) Broccoli & Celery Fruit (15)	Hot Ham & Cheese (26) Baked Beans (23) Carrots Fruit (15)	Mystery Meal!	New Menu Item! Waffle (29) Cheese Omelette Breakfast Syrup (28) Fresh Vegetables Fruit (15)		

Entrée Alternative

Uncrustable Sandwich (33)
 String Cheese (1)
 Goldfish Crackers (14)

Payments

School breakfast and lunch will be free again this year! If you want to purchase snack milk, or a milk for a cold lunch, your student's account will be charged.

All lunch payments will be done online at linqconnect.com. No cash payments will be accepted.

Prices

Students: FREE
 Adult Price: \$5.00
 Snack Milk: \$0.50
 Lactose Free Milk: \$1.00

Daily Milk Choices

Plain Skim (13)
 Plain 1% (13)
 Chocolate Skim (20)
 Lactose Free (upon request)

Carbohydrate Count

Numbers listed in parentheses () are the carbohydrate for that item in full.

Questions?

Contact Emily Scheresky at emilyscheresky@isd593.org or 218-281-5313 ext. 7



This Institution is an Equal Opportunity Provider

All Menus are subject to change without notice due to supply chain, availability, and delivery changes.