








March 2024 Menu

Our Saviors Lutheran School



Monday	Tuesday	Wednesday	Thursday	Friday
26	27 	28	29 	1 Brunch for Lunch! French Toast Sticks (60) Breakfast Syrup (29) Cheese Omelet Carrots Fresh Vegetables & Fruit (15)
4 Quesadilla Pizza (39) Celery Carrots Fruit (8) (15)	5 Beef Nachos (20) Mexican Rice (19) Celery Romaine Lettuce & Fruit (15)	6 Hot Dog (28) Baked Beans (23) Cauliflower Fruit (15)	7 Mr. Rib (35) Potato Smiles (20) Broccoli Fruit (15)	8 Grilled Cheese (30) Tomato Soup (17) Carrots Fresh Vegetables & Fruit (15)
11 Chicken Nuggets (15) Dinner Roll (14) Corn (17) Carrots & Fruit (15)	12 Chicken Fajita (22) with Cheese and Fixings Refried Beans (10) Cauliflower & Fruit (15)	13 Deli Sandwich (26) Broccoli & Carrots Fruit (15)	14 Mini Corndogs (30) Broccoli & Celery Fruit (15)	15 Pancakes (20) Eggs Yogurt Cup (15) Fresh Vegetables & Fruit (15)
18 	19 Cheese Pizza (35) Broccoli Cauliflower Fruit (15)	20 Pasta (38) & Meat Sauce (9) Breadstick (17) Broccoli & Carrots Fruit (15)	21 Meatballs (4) and Gravy (4) Two Bread Slices (26) Mashed Potatoes (14) Carrots & Fruit (15)	22 Italian Dunkers (32) Marinara Sauce (5) Fresh Vegetables & Fruit (15)
25 Chicken Strips (22) Dinner Roll (14) Corn (17) Carrots & Fruit (15)	26 Cheeseburger on a Bun (28) Baked Beans (23) Cucumbers Fruit (15)	27 Pepperoni Pizza (32) Broccoli Cauliflower Fruit (15)	28 	29 

Entrée Alternative

Uncrustable Sandwich (33)
String Cheese (1)
Goldfish Crackers (14)

Payments

School breakfast and lunch will be free this year! If you want to purchase snack milk, or a milk for a cold lunch, your student's account will be charged. All lunch payments will be done online at linqconnect.com. No cash payments will be accepted.

Prices

Students: FREE
Adult Price: \$4.95
Extra Milk: \$0.50
Lactose Free Milk: \$1.00

Daily Milk Choices

Plain Skim (11)
Plain 1% (11)
Chocolate Skim (20)
Lactose Free (upon request)

Carbohydrate Count

Numbers listed in parentheses () are the carbohydrate for that item in full.

Questions?

Contact Emily Scheresky at emilyscheresky@isd593.org or 218-281-5313 ext. 7



This Institution is an Equal Opportunity Provider

All Menus are subject to change without notice due to supply chain, availability, and delivery changes.